



HULA THOSE POUNDS OFF!
with
Polynesian Aerobics

Kiki's Polyrobics is basic aerobic movement with a great flare of Polynesian dance using Hawaiian, Tahitian & Samoan dance moves.

Learn how to dance Polynesian while getting your body in shape!!!

Join us on:

Tuesdays from 6:45pm – 7:25pm

John Landis Recreation Center

2855 Cedar Road, Oceanside, CA 92056

(619) 888-1037

***Cost: \$40 per month**

Bring your water bottle, wrap, and sway those hips away!